

UCT PAEDIATRIC REFRESHER COURSE 2018

Vineyard Hotel, Newlands, Cape Town

SCHEDULE AT A GLANCE - SUBJECT TO CHANGE

TUESDAY 13 FEBRUARY 2018 : WORKSHOPS

Counselling in office practice

08:30 – 09:30	Registration	
09:00 – 11:00	Cognitive behaviour therapy for the non-psychologist	David Rosenstein
11:00 – 11:30	Tea	
11:30 – 13:00	Solutions focussed brief therapy	Christiaan von Woerden

WEDNESDAY 14 FEBRUARY 2018

07:00 - 08:00	Registration	
08:00 - 08:10	Opening and welcome	
08:10 - 08:30	A whole new world: reflections on changing outpatient childhood pathologies in the 21st century	Tony Westwood
08:30 - 10:00	SESSION 1: Early Child Development	
08:30 - 09:05	What can we learn from observing babies?	Astrid Berg
09:05 - 09:35	Early child development and the first 1000 days	Kirsty Donald
09:35 - 10:10	The use of new generation genetic tools in the investigation of developmental delay	Karen Fieggen
10:10 - 10:40	REFRESHMENTS	
10:40 - 12:40	SESSION 2: Grimaces and groans: Some functional disorders of childhood	
10:40 - 11:10	Functional movement disorders including tic disorders	Jeff Waugh
11:10 - 11:40	Pain 1 - In the Chest	Liesl Zuhlke
11:40 - 12:10	Pain 2 - In the Head	Gill Riordan
12:10 - 12:40	Pain 3 - In the Bones	Chris Scott
12:40 - 13:30	LUNCH	

13:30 - 15:00	SESSION 3: Wise counsel	
13:30 - 14:00	Approaches to supporting the child with a functional disorder	David Rosenstein
14:00 - 15:00	Gender identity disorders	Simon Pickstone- Taylor
15:30 - 17:30	SESSION 4: Child protection - from infancy to adolescence	
15:30 - 16:00	An outline of child protection and the prevention of child abuse and neglect - the roles of the health professional	Carla Brown
16:00 - 16:30	Early signs of infant distress	Fiona Schulte
16:30 - 17:00	Recognition and reporting of child abuse and neglect	Rowan Dunkley
17:00 - 17:30	Cyberbullying	Hugo Theron

THURSDAY 15 FEBRUARY 2018

07:15 - 08:15	MYLAN BREAKFAST SYMPOSIUM - "The Big Three" focussing on the debilitating effects of ADHD, anxiety and severe learning disorders on learning.	Andre Venter
08:30 - 10:00	SESSION 5: Practical approaches to care of children with long term health conditions	
08:30 - 08:50	Growing up with a long term condition – childhood perspectives	Children
08:50 - 09:10	Being an 'expert parent' of a child with a long term condition	Parent
09:10 - 10:00	Interactive session - Putting the C's into praCtiCe	All
10:00 - 10:30	REFRESHMENTS	
10:30 - 12:30	SESSION 6: Autism spectrum disorders	
10:30 - 11:00	ASD Identification	Petrus De Vries
11:00 - 11:30	Local Resources for supporting children with ASD	Keri Delport
11:30 - 12:00	Pharmacotherapy in ASD	Petrus De Vries
12:00 - 12:30	Girls and Autism	Wendy Vogel
12:30 - 13:30	LUNCH	

13:30 - 15:00	SESSION 7: Motor disorders	
13:30 - 14:00	Aetiology of Cerebral palsy-new approaches	Jeff Waugh
14:00 - 14:30	Functional management of movement disorders in cerebral palsy	Nico Eslin
14:30 - 15:00	Assessing Dystonia	Jeff Waugh
15:00 - 15:30	REFRESHMENTS	
15:30 - 17:00	SESSION 8: The adolescent patient	
15:30 - 16:00	Adherence in adolescence	Jackie Hoare
16:00 - 16:30	Early onset psychosis	Rene Nassen
16:30 - 17:00	ADHD in adolescence	Andre Venter
19h00	Speakers' Dinner (by invitation only). Free evening for all other delegates	

FRIDAY 16 FEBRUARY 2018

07:15 - 08:15	BREAKFAST SYMPOSIUM – Sleep Disorders- Case Vignettes	Alison Bentley
08:30 - 10:00	SESSION 9: O is for.....	Westwood/Richards
08:30 - 09:00	O is for Orthopaedic - Common variants in the paediatric foot	Stewart Dix Peek
09:00 - 09:30	Oh no! Wet again- Functional disorders of micturition in Childhood	Peter Nourse
09:30 - 10:00	Overweight and Obesity. What works?	Kath Megaw
10:00 - 10:30	REFRESHMENTS	
10:30 - 12:45	SESSION 10: Sleep/Anxiety disorders	
10:30 - 11:00	Children's responses to stress and strain: mechanisms of internalisation	Gill Douglas
11:00 - 11:30	Anxiety disorders in young children	Lauren Franz
11:30 - 12:00	Sleep disorders in Children	Alison Bentley
12:00 - 12:15	Closing, thanks and next year's course	