

UCT PAEDIATRIC REFRESHER VIRTUAL COURSE

10 - 12 February 2021

SCIENTIFIC PROGRAMME

WEDNESDAY 10 FEBRUARY 2021

SESSION 1

07:30 - 08:00 Registration and login

08:00 - 08:10 Opening introduction

08:10 - 08:30 Why adolescents at a paediatric refresher course

08:30 - 09:15 PULMONOLOGY TOPICS

Keynote speaker: Treatment resistant asthma in young people:
what is it and novel treatment approaches

Chair: Prof Rudzani Muloiwa

Prof Andrew Argent

Chair: Prof Marco Zampoli

Prof Sejal Saglani (UCL and Brompton)

09:15 - 09:30 COMFORT BREAK

09:30 - 11:00

Talk 1: Pneumonia in children: Update on new SA treatment guidelines
Talk 2: COVID 19 Vaccine update
Q&A

Chair: Prof Marco Zampoli

Dr Gary Reubenson (WITS)

Prof Heather Zar

11:00 - 11:30 COMFORT BREAK

SESSION 2

11:30 - 13:00

Talk 3: TB in adolescents and young people
Talk 4: Long-term pulmonary
Q&A

Chair: Prof Diane Gray

Dr Lisa Frigati

Dr Shanon Simpson (Telethon Kids Institute, Perth)

13:00 - 14:00 LUNCH

14:00 - 17:00 **Workshop: Respiratory "toolbox" skills**

Lung function

Point of care chest ultrasound

Tracheostomy care and home ventilation

Overnight oximetry and home-based PSG in OSAS screening and diagnosis

Chair: Prof Marco Zampoli

Prof Diane Gray

Dr Martie Wege

Sr Jane Booth (SleepNet)

Prof Marco Zampoli (SleepNet)

THURSDAY 11 FEBRUARY 2021

SESSION 3

08:00 - 08:30 Registration and login **Chair: Prof Mignon McCulloch**
08:30 - 09:15 Keynote speaker: How to motivate an adolescent Prof Paul Harden

09:15 - 09:30 COMFORT BREAK

09:30 - 11:00 **Chair: Dr Deveshni Reddy**
Childhood and Young People Wetting disorders: an overview
UTI's Dr Anne Wright
Q&A Dr Ashton Coetzee

11:00 - 11:30 COMFORT BREAK

SESSION 4

11:30 - 13:00 **Chair: Jonathan Buckley**
Hypertension Dr Peter Nourse
Nephrotic Syndrome Prof Mignon McCulloch
Q&A

13:00 - 14:00 LUNCH

14:00 - 17:30 **Chair: Prof Mignon McCulloch**
Workshop: Bladder problems
14:00 - 15:00 Common wetting disorders Dr Anne Wright
Case studies and bladder diaries Dr Peter Nourse
Dr Paul Sinclair
Dr Bonisiwe Chauke-Makamba
15:15 - 16:15 Common congenital reno-urology disorders Dr Ebrahim Banderker (Urology Team)
Radiology/Nuclear medicine case studies Prof Mignon McCulloch
Dr Jonathan Buckley
Dr Privilage Makanda
Dr Khadija Abugrain
16:30 - 17:30 Role of urodynamic studies (UDS) Mrs Jeanette Raad
Basics of UDS and case studies Dr Ashton Coetzee
Dr Deveshni Reddy
Dr Thembisile Mosalakatane

FRIDAY 12 FEBRUARY 2021

SESSION 5

08:00 - 08:30 Registration and login

Chair: Dr Zakira Sablay

08:30 - 09:15 Adolescent's mind

Dr Michelle Carrihill

09:15 - 09:30 COMFORT BREAK

09:30 - 11:00 **Workshop: Adolescent issues**

Chair: Prof Paul Harden

Grown up congenital heart disease (GUCH)

Prof Liesl Zuhlke

Planning your treatment

Dr Michelle Meiring

Strengthen the divide: Lessons learned on transition

Dr Bianca Davidson

Q&A

11:00 - 11:30 COMFORT BREAK

SESSION 5 - ETHICS

11:30 - 13:00

Sexual health in long standing health conditions

Dr Malika Patel

Dietary advice and eating disorders in adolescents

Ms Lize van der Merwe

13:00 - 14:00 LUNCH

SESSION 6 - ETHICS

14:00 - 16:00 Personal experiences of adolescents living with a chronic illness

Hosts: Alex White & Talitha Counter (RxRadio)

Sean Paul

Prof Paul Harden

Kauthar Williams

Dr Zakira Sablay

16:00 - 16:30 Reflection and closure

Prof Rudzani Muloiwa